



Food safety definitions

Match the correct definitions to the terms they describe.



Best before date

The transfer of harmful bacteria from one food to another, or

from other sources to food eg hands.

Clean as you go The date up to and including which food may be used safely if it

has been properly stored.

Contaminated The routine of cleaning up as you work rather than leaving all

the cleaning to do at the end.

Cross- A chemical used to reduce the number of micro-organisms.

contamination

Danger zone The outward sign of an illness, eg sickness, temperature.

Detergent When food contains something which shouldn't be there

eg bacteria.

Disinfectant The good practices which lead to clean and safe food

preparation.

Food hygiene Cleanliness, keeping yourself clean.

Food poisoning A chemical used to dissolve grease.

Perishable food The date up to and including which food can reasonably be

expected to be at best quality.

Personal hygiene Illness caused by eating food contaminated with harmful

bacteria.

Symptoms Foods that can become unsafe or spoil quickly if not stored

properly.

Use by dateThe temperature range at which most bacteria multiply rapidly

(between 10° and 63°C).