



## Hand washing quiz

Should you wash your hands BEFORE or AFTER doing each of these everyday things?



Tick your answer under the appropriate heading(s).

|                            | Before | After |
|----------------------------|--------|-------|
| Stroking your dog or cat   |        |       |
| Putting rubbish in the bin |        |       |
| Combing your hair          |        |       |
| Making a sandwich          |        |       |
| Going to the toilet        |        |       |
| Sneezing                   |        |       |
| Eating your lunch          |        |       |
| Changing a baby's nappy    |        |       |
| Preparing a salad          |        |       |
| Touching raw meat          |        |       |
| Digging the garden         |        |       |
| Cleaning your shoes        |        |       |
| Preparing a stew           |        |       |